

11. Step by Step: How to Use a Wireless TENS Unit for Pain Control. The iReliev 5050.

The Pros for buying the iReliev 5050 TEN:

It is a TENS and EMS unit combined - See our video in the series entitled: **What is the Difference between TENS (Transcutaneous Electrical Nerve Stimulation) and EMS (Electrical Muscle Stimulation)?**

Effective

Powerful

Compact

Comes with Hard Carrying Case

Comes with Belt Clip Holster

Comes with 4 smaller self-adhesive electrode pads and 4 larger self-adhesive electrode pads

Has two channels so it can run four smaller pads and two larger pads at once.

It is rechargeable

Display is back-lit

Excellent instructions

Two-year Warranty

Get a sizeable Bob and Brad discount if you use this link:

<http://ireliev.com/bobandbrad/>

The Cons for buying the iReliev 5050 TENS unit:

More expensive than other iReliev units

Need to recharge the unit and the pods separately

We are going to provide a step-by-step demonstration of how to use the 5050 TENS unit. If you purchase the 5050 TENS unit, the instructional book included with the purchase will provide the written instructions.