

## **12. Still Not Sure if A TENS Unit Will Help Your Pain? Try This Instead.**

iReliev has the TENS Mini Pain Relief Patch. It is extremely easy to use, and it should give you a sense whether a TENS unit will help your pain. It is a mini wireless unit that is easily concealed under your clothes and very simple to use. It comes with two electrode pads and although it is small it's quite powerful. It comes with two electrode pads that snap to the unit and it costs around \$20. It has two buttons up/on and down/off. The electrode pad is 2.3" x 3".