

Back Pain? When Do You Need to See A Doctor Immediately!

If you have not already done so, call your family doctor if:

- Pain travels down your leg below your knee.
- Your leg, foot, groin, or rectal area feels numb.
- Your leg, foot, groin, or rectal area has a tingling sensation.
- You have a fever, nausea or vomiting, stomachache, weakness, or sweating.
- You lose control over going to the bathroom. If you suddenly lose control of your bowel or bladder, see a physician immediately.
- Your legs are weak, or you experience foot drop. A foot drop is a weakness in your foot or ankle that causes you to drag or slap the foot while walking.
- Your pain was caused by an injury or trauma such as a car accident or fall.
Your back pain awakens you at night.
- Your pain is so intense you can't move around.
- Your pain doesn't seem to be getting better after 2-3 weeks.